

ALL HIGHLIGHTED CLASSES ARE ALSO OFFERED VIRTUALLY

10-Hour OSHA 1910 General Industry

This course will provide entry level workers information about their rights, employer responsibilities as well as how to identify, abate, avoid and prevent job related hazards. Covers a variety of general industry safety and health hazards.

November 5-6 (8am-4:30pm/8am-12pm)

Investment:

\$285 Nonmembers, \$199 Members

10-Hour OSHA 1926 Construction

Course provides entry level workers information about their rights, employer responsibilities as well as how to identify, abate, avoid and prevent job related hazards. Covers a variety of construction safety and health hazards on a construction site.

December 17-18 (8am-4:30pm/8am-Noon)

Investment:

\$285 Nonmembers, \$199 Members

30-Hour OSHA 1926 Construction

This course provides an in-depth review of hazard awareness and a more detailed discussion into each subject. Additional topics are designed to provide attendees with a solid base of knowledge in hazard awareness and control measures to use to effectively manage safety and health in construction industry.

November 16-19 (8am-5pm)

Investment:

\$715 Nonmembers, \$499 Members

Confined Space

Learn how to identify, evaluate, and control hazards and establish an effective program for your company.

You will also learn all about proper protective equipment and rescue procedures.

October 5 (8am-Noon)

Investment:

\$185 Nonmembers, \$129 Members

Crane & Hoist

This course covers OSHA Overhead and Gantry Cranes Regulation and Slings Regulation.

December 18 (8am-Noon)

Investment:

\$185 Nonmembers, \$129 Members

DOT Reasonable Suspicion Training for Supervisors

Part 382 of the Federal Motor Carrier Safety Regulations (FMCSR) requires that driver supervisors receive 60 minutes of training to be dedicated to alcohol misuse AND 60 minutes of training to be dedicated to controlled substance abuse.

October 1 (1pm-3:30pm)

Investment:

\$113 Nonmembers, \$79 Members

EHSM 6036 Introduction to Environmental Compliance and Management*

This course covers EPA history, specific regulations regarding surface water, air, drinking water, pollution prevention, hazardous waste, Superfund and Community-Right-To-Know.

October 6-8 (8am-4:30pm)

Investment: \$749

*ONLY OFFERED VIRTUALLY

Electrical Safety

This class details the protection of Employees that work on or near electrical conductors and equipment. Meets requirements for OSHA regulation 29 CFR 1910.301-399.

October 5 (1pm-5pm)

Investment:

\$185 Nonmembers, \$129 Members

Introduction to Emergency Planning

This course covers OSHA requirements for emergency action plans and emergency response plans. Topics include the core elements of emergency evacuation plans, key features of emergency exit routes, and additional core requirements when designated employees will engage in defensive or offensive response actions. This course also covers key considerations around Workplace Violence, Active Shooter and De-Escalation.

October 1 (8am-4:30pm)

Investment:

\$328 Nonmembers, \$229 Members

Fall Hazard Awareness

This 4 hour awareness class serves to introduce attendees to the basic principles of fall protection per the OSHA regulations for both general industry and construction. Participants will be provided an overview regarding use of standard forms of fall protection equipment and its limitations.

November 23 (8am-Noon)

Investment:

\$185 Nonmembers, \$129 Members

Forklift Operator Training

Meets OSHA's formal training requirements.

October 29 (8am-12:30pm)

November 24 (8am-12:30pm)

December 16 (8am-12:30pm)

Investment:

\$142 Nonmembers, \$99 Members

Forklift Train-the-Trainer

This program provides you with everything you need to start and maintain an effective Forklift Training Program.

October 2 (9am-3pm)

Investment:

\$555 Nonmembers, \$425 Members

Hazardous Materials Transportation

This 2 day Hazardous Materials Transportation Course is intended for first time participants looking to satisfy the training requirements of the Department of Transportation. Learn to define the purpose, scope, and applicability of the DOT regulations; identify hazardous materials and packaging conditions; determine marking requirements for packaged, non-bulk, non-radioactive materials; determine correct documentation requirements; and recognize appropriate safety practices.

November 12-13 (8am-4:30pm)

Investment:

\$570 Nonmembers, \$399 Members

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Hazardous Materials Transportation Refresher

This 1 day Hazardous Materials Transportation Course is intended for participants looking to satisfy the 3 year refresher training requirement of the Department of Transportation. Review the purpose, scope, and applicability of the DOT regulations; identify hazardous materials and packaging conditions; determine marking requirements for packaged, non-bulk, non-radioactive materials; determine correct documentation requirements; and recognize appropriate safety practices.

November 5 (8am-4:30pm)

Investment:

\$328 Nonmembers, \$229 Members

Hazwoper 8-Hour Refresher

If you have been previously trained in HAZWOPER you are eligible to take this course. OSHA requires you certify annually.

October 8 (8am-5pm)

December 4 (8am-5pm)

Investment:

\$256 Nonmembers, \$179 Members

Hazwoper 24-Hour

This course satisfies the basic training requirements for a HAZMAT Technician, Specialist, or Incident Commander. Required for industry that has the potential of accidental release of chemicals.

November 16-18 (8am-5pm)

Investment:

\$715 Nonmembers, \$499 Members

Incident Investigation

In this course, you will examine the following: Incidents to investigate, an on-site investigation process, post action and hazard controls, data to include in investigation reports, witness interview techniques, and measures to follow up.

December 11 (8am-4:30pm)

Investment:

\$425 Nonmembers, \$325 Members

Job Safety Analysis

JSA is a proven process for controlling operating hazards and cost. You will analyze sample tasks to familiarize yourself with JSA process including breaking the job into component steps; identifying hazards inherent in task performance; and specifying hazard control.

October 22 (8am-4:30pm)

Investment:

\$425 Nonmembers, \$325 Members

Lockout/Tagout

Learn the key components of an energy control program, inspections of energy control devices, and steps for testing equipment. This course meets OSHA 1910.147 Lockout/Tagout Regulation.

October 12 (1pm-5pm)

Investment:

\$185 Nonmembers, \$129 Members

Machine Guarding

Course covers common causes of machine incidents and which areas should be guarded to provide adequate protection for workers. Meets requirements for regulation 29 CFR 1910 211-219

October 12 (8am-Noon)

Investment:

\$185 Nonmembers, \$129 Members

MEWP Trainer Certification

Learn how to train and qualify aerial boomlift and scissor lift operators in our Mobile Elevating Work Platform Trainer Certification Program. Trainees will receive in-depth instruction on mobile elevating work platforms (MEWP) as well as extensive instruction on how to effectively train operators. Each trainee's knowledge and demonstrated skills in all aspects of the program are evaluated and graded prior to certification. This program is a comprehensive, cost effective methods of ensuring that your operators receive training and evaluation that meets or exceeds all applicable government regulations and referenced industry standards.

October 28-30 (7:30am-5pm)

Investment: \$1,375

OSHA #500 Construction Industry Trainer Course

Designed for private sector interested in teaching the 10- and 30-hour construction safety and health outreach program to their employees and other interested groups. (Prerequisite Course #510 & 5 yrs construction safety)

October 12-15 (8am-4:30pm)

Investment: \$757

OSHA #501 General Industry Trainer Course

Designed for private sector interested in teaching the 10- and 30-hour general industry safety and health outreach program to their employees and other interested groups. (Prerequisite Course #511 & 5 yrs General Industry safety)

October 26-29 (8am-4:30pm)

Investment: \$757

OSHA #502 Update for Construction Industry Trainers

Outreach trainers are required to attend this course once every four years to maintain their trainer status. Students must bring their current trainer's card for validation.

October 5-7 (8am-4:30pm)

Investment: \$657

OSHA #503 Update for General Industry Trainers

Outreach trainers are required to attend this course once every four years to maintain their trainer status. Students must bring their current trainer's card for validation.

October 19-21 (8am-4:30pm)

Investment: \$657

OSHA #510 Standards in Construction

This course for private sector personnel covers OSHA policies, procedures, and standards, as well as construction safety and health principles. This course is the prerequisite for the OSHA #500 Trainer Course.

December 7-10 (8am-4:30pm)

Investment: \$749



OSHA #511 Standards in General Industry

This course for private sector personnel covers OSHA policies, procedures, and standards, as well as general industry safety and health principles. This course is the prerequisite for the OSHA #501 Trainer Course.

December 14-17 (8am-4:30pm)
Investment: \$749



OSHA # 2264 Permit Required Confined Space Entry

The course focuses on the specific requirements of 29 CFR 1910.146 (a) through (l). Each paragraph of the standard is discussed with references to the OSHA directive, letters of interpretation, and preamble rationale. Technical topics include the recognition of confined space hazards, basic information about instrumentation used to evaluate atmospheric hazards, and general permit space ventilation techniques.

October 26-28 (8am-4:30pm)
Investment: \$649



OSHA #3015 Excavation, Trenching & Soil Mechanics

This course focuses on OSHA standards and the safety aspects of excavation and trenching. Students are introduced to practical soil mechanics and its relationship to the stability of shored and un-shored slopes and walls of excavations. Various types of shoring (wood timbers and hydraulic) are covered.

October 19-21 (8am-4:30pm)
Investment: \$649



OSHA #3115 Fall Arrest Standards

This course provides an overview of state-of-the-art technology for fall protection and current OSHA requirements. Topics include the principles of fall protection, the components of fall arrest systems, the limitations of fall arrest equipment, and OSHA policies regarding fall protection.

November 9-11 (8am-4:30pm)
Investment: \$649



OSHA #7410 Managing Excavation Hazards

This course presents the importance of and the requirements involving excavation competent persons. Topics include discussion of OSHA's Excavation Standard, excavation hazards, soil analysis techniques, protective system requirements and emergency response.

November 6 (8am-4:30pm)
Investment: \$225



Personal Protective Equipment

Learn OSHA's PPE regulation, Hazard Assessments and Certification Statements for job sites, types of PPE, and how to use them.

November 23 (1pm-5pm)
Investment:
\$185 Nonmembers, \$129 Members

Principles of Occupational Safety & Health

Upon completion, participants will be able to; understand the essential concepts of occupational safety and health, and implement the fundamental techniques of safety and health management. Students will gain the knowledge and skills to implement an effective safety program for any size and type of industry.

November 9-12 (8am-4:30pm)
Investment:
\$1,650 Nonmembers, \$1,295 Members



Safety for the Human Resources Professional (SHRP)

This certificate course is intended for HR professionals whether you are new to safety, responsible for safety, or working with the safety department. The topics and depth of coverage will help HR professionals recognize and understand the basics of safety regulations and other important safety considerations that apply to their organizations. By completing this certificate, attendees will be prepared to recognize areas of regulatory and financial safety risk, plus come away with a road map to address shortcomings in their current safety program. Attendees will receive 12 hours CEUs from HRCI

December 14-15 (8am-4:30pm)
Investment:
\$570 Nonmembers, \$399 Members



Safety Management Techniques

Based on current safety, management quality, and performance technology principles, this program focuses on knowledge and skills required to effectively deal with management issues from an individuals and organizational perspective. Upon completion, you will be able to create a safety and health management plan for your company; use problem solving and decision making skills to help resolve issues; assess environmental conditions; and develop a budget for safety and health efforts. **December 1-4** (8am-4:30pm)

Investment:
\$1,650 Nonmembers, \$1,295 Members



Safety for the Supervisor

Designed for individuals who are moving into their first leadership/supervisory position. This course will emphasize leadership and management principles among topics such as supervisor's role and responsibilities with respect to safety, safety culture, injury reporting and basic incident investigation, coaching skills, and basic regulatory requirements: hazcom, lockout/tagout, emergency action plans and PPE.

December 11 (8am-4:30pm)
Investment:
\$328 Nonmembers, \$229 Members



Safety Training Methods

This course focuses on skills required to plan, create and deliver effective training programs. You will be acquainted with other instructional methods and media used to train employees on safety and health issues. During training, you will design training programs applicable to your work environment, deliver presentations and assess public speaking skills.

October 13-16 (8am-4:30pm)
Investment:
\$1,650 Nonmembers, \$1,295 Members



Silica Standard Compliance Train-the-Trainer

This course is tailored for individuals who will be competent persons under the silica construction standard, program administrators or responsible for compliance in general industry, or those who wish to conduct internal training in their organizations as required by the standards. Both General Industry and Construction standards will be covered in depth, and participants will receive course materials to use in their own training.

October 9 (8am-4pm)
Investment:
\$285 Nonmembers, \$199 Members

Supervisor Safety Development Program

This course provides leadership and management philosophies that empower employees to help improve and sustain safety performance.

December 7-10 (8am-4:30pm)
Cost: \$695 (\$595 Member Rate)

Team Safety

This course teaches you how to build an effective safety team, or get the most from the team you already have. The course includes a self-assessment of your level of understanding, and interactive exercises to use your newly learned concepts.

October 23 (8am-4:30pm)
Investment:
\$425 Nonmembers, \$325 Members





37th Annual Safety & Health Summit

Virtual Event
November 3, 2020

Register at www.SafeNebraska.org/2020Summit

Safety without shortcuts.

**Because everyone
should be able
to save a life.**



First Aid, CPR, AED training.
Don't settle for anything but the best.

The National Safety Council, Nebraska provides training continuously. Below are regularly scheduled training sessions. Contact your account manager to schedule an on-site at your facility. We even track certification for you and notify you when it is time to renew - **so that you are always prepared to save a life.**

Standard (Adult) FA/CPR/AED:

First Aid Training	8-noon	\$65
CPR/AED Training	1-3:30pm	\$65
FA/CPR/AED Training	8-3:30pm	\$85 Member \$90 Nonmember
Dates: October 8, 17, 23, 27 November 3, 13, 21, 23 December 1, 12, 17, 21, 30		

Adult & Pediatric:

First Aid Training	8-noon	\$65
CPR/AED training	1-4pm	\$65
FA/CPR/AED training	8-4pm	\$95 Member \$100 Nonmember
Dates: October 6 November 7 December 8		

Pediatric Only:

First Aid Training:	8-11am	\$65
CPR training:	11:30-2pm	\$65
FA/CPR training	8-2pm	\$85 Member \$90 Nonmember
Dates: October 10, 31 November 14, 28 December 7 & 9 (6-9pm) December 19		

FA/CPR/AED Train-the-Trainer:

Must attend both sessions

October 28	8-4pm	\$425
October 29	8-noon	